

HAPPY HOVEL STORABLE FOODS

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FOOD STORAGE PLANNING WORKSHEETS

PRODUCT	2 PERSONS FOR 2 YEARS SUGGESTED	QUANTITY NEEDED	AMOUNT ON HAND	BALANCE REQUIRED
WHEAT, GRAINS AND BEANS (6 Gallon Buckets)				
Hard Red Winter Wheat	1260 lbs (28 Buckets)			
Soft Wheat	270 lbs (6 Buckets)			
Durum Wheat	84 lbs (2 Buckets)			
Whole Yellow Corn	240 lbs (6 Buckets)			
Buckwheat	42 lbs (1 Bucket)			
Millet	129 lbs (3 Buckets)			
Rye	84 lbs (2 Buckets)			
Pearl Barley	132 lbs (3 Buckets)			
Whole Barley	44 lbs (1 Bucket)			
9 Grain Cracked Cereal	114 lbs (3 Buckets)			
Rolled Oats	50 lbs (2 Buckets)			
Quick Oats	46 lbs (2 Buckets)			
Long Grain White Rice	220 lbs (5 Buckets)			
Long Grain Brown Rice	129 lbs (3 Buckets)			
Spelt	42 lbs (1 Bucket)			

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PRODUCT	2 PERSONS FOR 2 YEARS SUGGESTED	QUANTITY NEEDED	AMOUNT ON HAND	BALANCE REQUIRED
WHEAT, GRAINS AND BEANS (cont'd) (6 Gallon Buckets)				
Germade (Cream of Wheat)	38 lbs (1 Bucket)			
Cous-Cous	50 lbs (1 Bucket)			
Pinto Beans	123 lbs (3 Buckets)			
Great Northern Beans	42 lbs (1 Bucket)			
Small Red Beans	41 lbs (1 Bucket)			
Small White Navy Beans	90 lbs (2 Buckets)			
Baby Limas	86 lbs (2 Buckets)			
Black Beans	42 lbs (1 Bucket)			
Blackeye Beans	38 lbs (1 Bucket)			
Green Split Peas	45 lbs (1 Buckets)			
Yellow Split Peas	45 lbs (1 Bucket)			
Lentils	129 lbs (3 Buckets)			
Whole Green Peas	42 lbs (1 Bucket)			
Kidney Beans	80 lbs (2 Buckets)			
Soy Beans	80 lbs (2 Buckets)			
SOUP MIXES (6 Gallon Buckets)				
ABC Soup Mix	129 lbs (3 Buckets)			

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DAIRY, EGGS AND CHEESE (Dehydrated – 6-#10 Cans per Case)				
Instant Non-Fat Milk Powder	202 lbs (9 Cases)			
Butter Powder	33 lbs (2 Cases)			
Cheese Mix Powder	24 lbs (1 Case)			
Margarine Powder	33 lbs (2 Cases)			
Egg Mix Powder	36 lbs (2 Cases)			
VEGETABLES (Dehydrated – 6-#10 Cans per Case)				
Broccoli	8 lbs (1 Case)			
Chopped Onions	30 lbs (2 Cases)			
Vegetable Stew Blend	37 lbs (3 Cases)			
Carrot Slices	14 lbs (1 Case)			
Potato Slices	15 lbs (2 Cases)			
Potato Flakes	23 lbs (2 Cases)			
Sweet Green Garden Peas	37 lbs (2 Cases)			
Green Beans	18 lbs (2 Cases)			
Tomato Powder	26 lbs (1 Case)			
Celery	13 lbs (2 Cases)			

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PRODUCT	2 PERSONS FOR 2 YEARS SUGGESTED	QUANTITY NEEDED	AMOUNT ON HAND	BALANCE REQUIRED
FRUITS (Dehydrated & Freeze-Dried – 6-#10 Cans per Case)				
Fruit Mix	16 lbs (1 Case)			
Banana Slices	13 lbs (1 Case)			
Apple Slices	7 lbs (1 Case)			
Raisins	18 lbs (1 Case)			
TVP'S (Textured Vegetable Protein) (Dehydrated – 6-#10 Cans per Case)				
Beef Flavor	30 lbs (2 Cases)			
Chicken Flavor	25 lbs (2 Cases)			
Bacon Flavor	27 lbs (2 Cases)			
Taco Flavor	42 lbs (2 Cases)			
SWEETENERS & COOKING AIDS (Buckets & Cases)				
White Sugar (6-#10 Cans/Case)	70 lbs (2 Cases)			
Brown Sugar (6-#10 Cans/Case)	50 lbs (2 Cases)			
Molasses (6 Gallon Bucket)	135 lbs (3 Buckets)			
Honey, Regular (6-5# Jugs/Case)	180 lbs (6 Cases)			
Honey, Creamed (6-5# Jugs/Case)	60 lbs (2 Cases)			
RealSalt Mineral Salt (25# Boxes)	100 lbs (4 Boxes)			
Baking Soda (6-#10 Cans/Case)	43 lbs (1 Case)			

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PRODUCT	2 PERSONS FOR 2 YEARS SUGGESTED	QUANTITY NEEDED	AMOUNT ON HAND	BALANCE REQUIRED
SWEETENERS & COOKING AIDS (cont'd)				
SAF Instant Yeast (20-16oz Packs/Case)	20 lbs (1 Case)			
Chicken Bouillon (6-#10 Cans/Case)	42 lbs (1 Case)			
Peanut Butter Powder (6-#10 Cans/Case)	18 lbs (1 Case)			
MISCELLANEOUS FOODS				
Elbow Macaroni (6 Gallon Bucket)	50 lbs (2 Buckets)			
Spaghetti (6 Gallon Bucket)	105 lbs (3 Buckets)			
All quantities of foods above are Mormon suggested.				

**Visit Our Website at www.happyhovelfoods.com for more
planning tools such as:**

Happy Hovel's Suggested Two Year Storage Plan for Two People;

Happy Hovel's Supermarket Shopping List and Suggestions;

Happy Hovel's Self-Sufficiency Handbook & Catalog which includes more worksheets for non-food items as well as 80 other pages full of information.