

Happy Hovel Storable Foods

P.O. Box 781

Yelm, WA 98597

1-360-400-0902 M-F 10AM-4PM PST

www.happyhovelfoods.com

info@happyhovelfoods.com

Suggested Two Year for Two People Long Term Food Storage Plan

Wheat, Grains and Beans in 6 Gallon Buckets - Sealed for Long Term Storage

28	45 lbs	Soft Wheat
14	45 lbs	Hard Red Winter Wheat
4	42 lbs	Durum Wheat
4	42 lbs	Oat Groats
6	44 lbs	Long White Rice
6	43 lbs	Long Brown Rice
2	40 lbs	Garbanzo Beans
3	41 lbs	Pinto Beans
2	42 lbs	Great Northern Beans
2	41 lbs	Red Beans
2	43 lbs	Baby Lima Beans
2	45 lbs	Small White Navy Beans
2	38 lbs	Black Eyed Peas
2	45 lbs	Yellow Popcorn
5	44 lbs	Pearl Barley
3	43 lbs	Lentils
3	40 lbs	Kidney Beans
1	42 lbs	Rye
2	43 lbs	Millet
2	45 lbs	Split Peas
2	40 lbs	Whole Yellow Corn
7	43 lbs	ABC Rice Soup/Stew Mix
2	40 lbs	Ezekiel Mix
1	38 lbs	Germade (Cream of Wheat)
1	25 lbs	Granola
2	38 lbs	Flax, Golden
2	50 lbs	Iodized Salt
2	35 lbs	Spaghetti

4	45 lbs	White Sugar
3	45 lbs	Brown Sugar
1	59 lbs	Molasses

**Dehydrated Vegetables, Dairy and Miscellaneous
Packed in #10 Size Cans (6 - #10 Cans per Case)
with Re-Useable Plastic Lids**

3	Cases of Broccoli
4	Cases of Chopped Spinach
4	Cases of Vegetable Mix
1	Case of Celery
2	Cases of Sliced Carrots
4	Cases of Potato Slices
2	Cases of Potato Diced
4	Cases of Potato Flakes
3	Cases of Sweet Corn
3	Cases of Sweet Green Peas
3	Cases of Green String Beans
2	Cases of Chopped Onions
2	Cases of Chopped Cabbage
2	Cases of Green & Red Chopped Peppers
1	Case of Pure Tomato Powder
1	Case of Sweet Potato Diced
10	Cases of Non Fat Instant Milk
2	Cases of Sour Cream
6	Cases of Egg Mix
3	Cases of Fresh Canned Butter (24 - 12 oz cans)
4	Cases of Butter Powder
3	Cases of Fresh Canned Cheese (36 - 8 oz cans)
4	Cases of Cheddar Cheese Powder
1	Case of SAF Instant Yeast (20 - 16oz packs)
3	Cans of Baking Powder
3	Cans of Baking Soda
2	Cans of Cornstarch
4	Cases Creamed Honey (6 - 5lb pails per case)
6	Cases Natural Honey (6 - 5lb pails per case)
2	Cases RealSalt (12 - 26 oz pouches)
1	Box RealSalt (25 lbs)

**Dehydrated and Freeze-Dried Fruits
Packed in #10 Size Cans (6 - #10 Cans per Case)
with Re-Useable Plastic Lids**

- 2 Cases of Fruit Blend**
- 2 Cases of Apple Slices**
- 1 Case of Peach Slices**
- 2 Cases of Banana Slices**
- 1 Case of Golden Raisins**
- 2 Cases of Freeze-Dried Strawberries**
- 1 Case of Freeze-Dried Date Pieces**
- 2 Cases of Freeze-Dried Blueberries**
- 1 Case of Freeze-Dried Pineapple Chunks (6 - #2-1/2 cans)**

Canned Boneless Meats - Packed in 14 oz Cans (12 Cans per Case)

- 10 Cases - Beef Chunks**
- 10 Cases - Pork Chunks**
- 10 Cases - Chicken Chunks**
- 10 Cases - Turkey Chunks**
- 12 Cases - Ground Beef**
- 9 Cases - Bacon (9oz (50/55 slices) can)**

This suggested plan is not meant to be a stand-alone plan.

We urge our customers to add variety and calories to this storage plan by adding canned vegetables, fruits and meats from the supermarket.

If you require assistance in planning your food, water, seed and/or egg storage, we offer consultation services over the telephone or in person. If you have any questions, please feel free to contact us.

We look forward to serving you!